

New Zealand Certificate in Health and Wellbeing (Social and Community Services) Level 4

with strands in Mental Health
and Addiction Support

This one-year programme is a great pathway towards a career in mental health and addiction support.

Programme Specific Information

Credits: 120

International fees: \$18,000

Computer Access

Students must have access to a computer with an internet connection, internet browser (MS Internet Explorer 7.0 or above, Adobe Acrobat Reader 8, or Firefox 3.6) and email. Students must also be able to use Microsoft Word (2003 or above) and be familiar with accessing websites

Police clearance

The relationship between Mental Health Support Worker and client is one involving a significant level of trust with the Support Worker. Most employers in this industry therefore require Support Workers to provide a police clearance.

Consequently, applicants are required to provide a Record of Personal Information from the Ministry of Justice. If an applicant has any objections to supplying a police clearance, they will need to discuss this with the Head of Faculty.

Students must also advise the Director of Nursing, Health and Wellness of any conviction(s) that they incur within the duration of the programme, in order to assess the possible impact such conviction(s) may have on a student's eligibility to continue the programme.

WITT reserves the rights to withdraw or adjust any of the programmes listed, alter start date or fee schedules, and make any other changes as it may deem desirable or necessary, without prior notice. All programmes are subject to a sufficient number of enrolments and completion of all approval and accreditation requirements.

PROGRAMME INFORMATION

CHW4.100 Who am I

People credited with this course are, in a health and wellbeing setting, able to:

- Display self-awareness
- Undertake reflective practice
- Demonstrate the development of personal leadership qualities.

CHW4.101 Were Am I in the Health Sector

People credited with this course are able to relate the purpose and impact of own role/role of the support worker to the aims of the wider health and wellbeing sector.

CHW4.102 Professional Development

People credited with this course are able to actively contribute to a culture of professionalism and quality in a health and wellbeing organisation.

CHW4.103 NZ Society & Taranaki

People credited with this course are able to engage and communicate with people, family and/or whānau accessing social and community services in a manner which respects their socio-cultural identity, experiences and self-knowledge.

CHW4.104 Tikanga Māori

People credited with this course are able to relate to the history of Māori as tangata whenua and knowledge of person-whānau interconnectedness to own role in a health and wellbeing setting.

CHW4.105 Hauora Hinengaro, Nga Raruraru Hauora Hinengaro, Nga Waranga

People credited with this course are able to:

- Describe factors contributing to mental wellness and to mental illness
- Explain different types of mental illnesses and/or addictions
- Approaches to and models of work practice
- Recognise the impacts on people and their families and whānau of managing a mental illness and/or addiction
- Implement work practice which supports people's recovery, self-determination and self-management.



New Zealand Certificate in Health and Wellbeing (Social and Community Services) Level 4

with strands in Mental Health and Addiction Support



Entry Requirement:

Open entry

You will also be required to undergo an interview, provide written references and complete a police check.

English Language: General or academic score of 5.5 with no band score lower than 5 or equivalent.

Required forms

- Covid 19 Vaccination Status and Health Condition
- Health and Immunisation Declaration
- Referee Reports (You must provide two referees. Examples include: teacher, doctor, employer, club leader, etc)
- Police Vetting Form (External link. Note that this form will have to be emailed, or printed out and handed into reception staff).

Work Placement

There is a work placement component incorporated in this programme. Students must either undertake work placement in their place of employment or appropriate work placements will be arranged by WITT.

We were very pleased with the calibre of our placement students.

It has been a pleasure to host them and watch them grow in confidence and skill, settling into their roles. They are talented, caring and relatable students, who have been open to getting involved and have provided superb support to families within our care. They are a credit to WITT Te Pūkenga.

We are happy that they are looking to stay on as volunteers as part of the Retreat Support Team.

- *Jamie Allen,*
Executive Officer – Taranaki Retreat

PROGRAMME INFORMATION

CHW4.106 Values Informed Practice

People credited with this course are able to explain and apply values informed practice when working with people.

CHW4.107 Essential Skills & Knowledge

People credited with this course are able to explain and apply safe and inclusive work practice which supports people's autonomy while fostering their hope and resilience.

You will learn how to:

- engage and communicate with people, family and/or whānau accessing social and community services in a manner which respects their socio-cultural identity, experiences and self-knowledge
- relate the history of Māori as tangata whenua and knowledge of person-whānau interconnectedness to own role in a health and wellbeing setting
- display self-awareness, reflective practice and personal leadership in a health and wellbeing setting
- actively contribute to a culture of professionalism, safety and quality in a health and wellbeing organisation
- relate the purpose and impact of own role to the aims of the wider health and wellbeing sector
- work alongside people, family and/or whānau in a mental health addiction setting to support autonomy by using tools and strategies to foster hope, support recovery and build resilience.

Career Options:

Mental Health and Addition Services, Iwi Health Providers, Residential Services, Non-Government Organisations, Regional Hospital.

Programme Fees and Additional Expenses

Programme Fees

See website for domestic and international prices.

Additional expenses:

Stationery and printing \$150 approximately.